

# From the Horse's Mouth



A Newsletter for the Supporting Riders of the Light Cavalry HAC

February 2010

## Stable Notes

Hello again and welcome to our new Supporting Riders!

First, Caroline and her staff have asked me to pass on their sincere thanks to everyone who contributed to the Christmas Staff Fund. The money was shared between Kelly Lauren, Kerry, Louise and Caroline as they all contributed to the smooth running of Flemish Farm during 2009.

This month we have some more upbeat news as we welcome a new horse, Trooper Caspar to the Flemish Farm stables. Full details on page 2.

**We have also decided to implement some changes at Flemish Farm to improve safety and communication:**

Riders will note that there are a series of blue books in the office with each of the horses' names on the spine. All riders are welcome to fill in any thoughts/comments on the horse they rode that day. We don't ask for an essay, but, for example, if he seemed frisky, or stiff, or you discovered a cut or a rub please note it in the diary. It will help the staff notice any change in health or behaviour earlier.

All riders should make sure they leave a mobile phone number and an emergency contact number on the ride sheet in the office. Also, make sure that a member of staff knows where you plan to ride in the Park. Riding in the Park is still restricted to roads and tracks, please obey these guidelines.

We would also like to remind riders to only use the tack designated for your horse. If it is not there then please ask a member of staff. Please do not borrow tack from other horses. This may prove uncomfortable for your horse and therefore dangerous for you. If you are not sure how a certain piece of tack fits—do please ask—all staff and other supporting riders will be happy to help.

The Sunday training days are going extremely well. If you have not signed up yet, please be aware that the dates for the HACSC Combined Training Day and the Pyramid Trophy and John Palmer Cup competition have been announced (11th April and 9th May respectively). Practice translates into rosettes - and so book those lessons and get into the saddle!

PS—Fiona tells me she has five Light Cavalry 2010 calendars left for sale. So far, we have raised £210 to date—but that £260 target is tantalisingly close!

## Contact Details : Flemish Farm

### Manager and Chief Instructor

Caroline Qusted

Email : [haclc@aol.com](mailto:haclc@aol.com)

Lauren Elms  
Kelly Smart

### Military Instructors

Danny Kendall, Paul Allison

### Newsletter Editors:

Kate Robinson and Fiona Charman

Newsletter contributions, comments and photos always welcome! to : [mrsrw1h@yahoo.co.uk](mailto:mrsrw1h@yahoo.co.uk)

Tel: 01753 622291

Website: [www.lchac.org.uk](http://www.lchac.org.uk)

## Forthcoming Events: 2010

### April

- 11th HAC Saddle Club Combined Training Day  
25th Annual Inspection

### May

- 9th HAC Saddle Club John Palmer Cup and Pyramid Trophy competition  
13th-17th Windsor Horse Show (we'll be there to watch you Louise!)  
18th HAC Open Evening, Armoury House

### June

- 5th-6th Hurlingham Polo, skill at arms display  
10th-12th South of England Show, skill at arms display  
13th Queen's Cup, Polo Guard, Smith's Lawn  
20th Royal Windsor, Polo Guard, Smith's Lawn

### July

- 4th Alton Show, skill at arms display  
10th Help for Heroes, sponsored ride in Windsor Great Park  
22nd Light Cavalry Annual Dinner at Armoury House  
25th Cartier International, Polo Guard, Smith's Lawn  
31st Chiltern Open Air Museum, Skill at Arms display



**Q: What is the difference between a horse and a duck?**

**A: One goes quick and the other goes quack!**

## Trooper Caspar



Trooper Caspar has been kindly donated to the Light Cavalry HAC by Penny Gulliver. Penny's husband Ron has been in the mounted section of the Light Cavalry for many years.

Casper is 11 yrs old and a real sweetie. Whilst with Penny he had an active career eventing. He loves kisses on his nose and has proved very popular with those that have ridden him so far.

He is forward going in the park but does have brakes!! A possible loaner for him has come forward but, if this does not go through, then we will let you know.

## Au Revoir — Caitlin Starink



Caitlin Starink, daughter of Susie and Jon, has been a regular rider at Flemish Farm over the last 9 months. On a visit from Australia, she quickly got to know everyone at the yard (both two legged and four!). Her particular four-legged favourites were Denzil and Fritz.

Sadly, for us all, she has decided to return to Australia—although she has promised to return next Christmas to compete in the Christmas Show and she does warn everyone that she will be chasing medals! Before she went, we decided that she should have some photographs to show her horsey friends back in Australia how her riding style had changed from dusty jodhpurs and a shirt to a more formal style!

So unbeknownst to her, on Sunday 17th January we lined up horse, habit and photographer and took these wonderful photographs. Farewell Caitlin, we look forward to seeing you again later in the year!

## Tacking up



Note from Caroline

We would just like to remind everyone how important it is that you only use the tack that is allocated to your and not taken/borrowed from elsewhere.

The other day a rider could not find her horse's numnah and decided to take a numnah already allocated to another horse.

As you can see from the photo the numnah was way too small for that horse's saddle. This resulted in the horse being very uncomfortable for that ride and caused painful rubbing. If something is missing, please ask a member of staff to help locate it.

Many Thanks

# Flemish Farm : New Classes



## **NEW EXCITING GROUP LESSONS AVAILABLE WITH THE LIGHT CAVALRY AT FLEMISH FARM**

We have four new instructors available to us at the weekends, some of you will know them already. Each will be doing specific lessons and there will be something for every one. We will be starting these lessons from January 2010. They will only be once a month so book your place asap.

**Jan Glen** – Jan has a lot of experience with three day eventing. The lessons will be based on jumping and bringing in cross country elements too. There will be a 9.00am novice group (you must be able to walk, trot and canter) 10.00am intermediate group and 11.00am advance group available. Cost £30 per rider

**Lesley Wilson** – Lesley is a physiotherapist by day and will be bringing elements of this into the lessons. This is perfect for those of you that have issues with your positions that are based around old injuries. Lesley is also very good with nervous riders. There will be a 9.00am private lesson, 10.00am novice group and 11.00am intermediate group available. Cost £30 per rider and £42 for private.

**Graham Innes** – Graham is the Equitation Instructor (chief instructor), at Kings Troop and will be doing show jumping clinics. We have already held one and it was fully booked within 2 days! There will be 10.00am novice group lesson, 11.00am Intermediate group lesson, 1.00pm Advance group lesson and 2.00pm Advance Group lesson available. Cost will be £35 per rider.

**Gary Hoult** – Gary is an established dressage rider and has been teaching a few of our riders already. These lessons are ideal for those of you that want to learn more about what is going on underneath you and improve your flat work skills. The lessons will only have two riders in so places will be very limited. There will be a 1.00pm Introduction to dressage lesson. 2.00pm Introduction to lateral work lesson and 3.00pm intermediate dressage lesson. Cost £45 per rider

I will still be teaching on the weekends that we do not have these guest instructors. We have our regular instructors Clare Russell on a Monday night and Rebecca Friend on a Tuesday night and if any of you fancy giving military riding a go then we also have Danny Kendal on Thursday nights.

I hope this has wet all your whistles and you will all be reaching for those jodds!!

### **Dates for 2010**

**Jan Glen** – 6<sup>th</sup> Feb/6<sup>th</sup> March/10<sup>th</sup> April/1<sup>st</sup> May/5<sup>th</sup> June/3<sup>rd</sup> July/7<sup>th</sup> August/ 4<sup>th</sup> Sept/2<sup>nd</sup> Oct/6<sup>th</sup> Nov/4<sup>th</sup> Dec

**Lesley Wilson** – 14<sup>th</sup> Feb/21<sup>st</sup> Feb/14<sup>th</sup> March/28<sup>th</sup> March/11<sup>th</sup> April

**Graham Innes** – 27<sup>th</sup> Feb/ 27<sup>th</sup> March /24<sup>th</sup> April

**Gary Hoult** – 20<sup>th</sup> Feb/20<sup>th</sup> March/17<sup>th</sup> April/15<sup>th</sup> May/19<sup>th</sup> June/ 17<sup>th</sup> July/28<sup>th</sup> August/ 18<sup>th</sup> Sept/16<sup>th</sup> Oct/20<sup>th</sup> Nov/11<sup>th</sup> Dec

**Contact Caroline On 01753 622291 or [hac1@aol.com](mailto:hac1@aol.com) to book in**

## The Flemish Farm Christmas Party—Bisley Hut



Scenes from the Christmas Party,  
held at the Bisley Hut  
Taken by Fiona Charman

